

2001 California Children's Healthy Eating and Exercise Practices Survey

Table 67: Percentage of Children Receiving Lessons from a Teacher, Coach, or Other Instructor at School (Diary Sample)

During this school year, have you had any lessons from a teacher, coach or some other type of instructor about: food, nutrition and your health/exercise and your health?

	Percent of Children Receiving	
	Lessons on Food, Nutrition, and Health	Lessons on Exercise and Health
Total	54	64
Gender		
Males	57	66
Females	51	62
Ethnicity		
White	55	67
African American	44	52
Latino	52	64
Asian/Other	62	60
Income		
≤\$19,999	50	58
\$20,000 - \$49,999	52	62
≥\$50,000	57	67
Federal Poverty		
≤ 185%	52	63
> 185%	55	65
Food Stamps		
Yes	51	60
No	55	64
Overweight Status		
Not at Risk	56	66
At Risk/Overweight	53	63
Physical Activity		
≥60 minutes	62 ***	71 ***
<60 minutes	46	57
School Breakfast		
Yes	47	52 **
No	56	67
School Lunch		
Yes	52	64
No	57	64
Nutrition Lesson		
Yes	N/A	91 ***
No	N/A	32
Exercise Lesson		
Yes	77 ***	N/A
No	13	N/A

No lessons includes "no," "not sure," and "no answer."

A box around a group of numbers signifies that differences observed within the group are statistically significant.

Chi Square Test

** p<.01

*** p<.001